



UNIVERSITY
of Prince Edward
ISLAND

HEALTH *and*
WELLNESS Centre

Student Volunteer Opportunity

UPEI Health and Wellness Centre Patient Advisory Committee (PAC)

Position Summary

The UPEI Health and Wellness Centre is launching its first-ever Patient Advisory Committee (PAC), and we are inviting committed and thoughtful student volunteers to be part of this exciting new initiative. As a founding member, you will play a key role in shaping the future of health and wellness services on campus, ensuring that student voices are central to decision-making. This is a unique opportunity to represent your peers, influence real change, and contribute to the development of inclusive, accessible, and patient-centered care at UPEI.

About the Patient Advisory Committee

The Patient Advisory Committee is a collaborative group of students, staff and faculty that helps guide the development of patient-centered care at the UPEI Health and Wellness Centre. Members share feedback, lived experiences, and ideas to improve how care is delivered, making it more inclusive, accessible, and responsive to patient needs. The committee works to ensure services reflect the real needs of those who use them.

Key Responsibilities

As a PAC member, you will:

- Represent the student voice in health and wellness planning
- Identify challenges and barriers to accessing care and propose solutions
- Provide input on the design, delivery, and evaluation of existing services and new initiatives
- Review and offer feedback on patient surveys, clinic protocols, and communication materials
- Collaborate with students, staff, and faculty in a respectful, inclusive, and solutions-focused environment

Qualifications

Must be a current part-time or full-time undergraduate or graduate student who has experience accessing care at the Health and Wellness Centre. Ideal candidates for the Patient Advisory Committee will demonstrate the following:

- **Strong Communication Skills:** Able to express ideas clearly and listen actively to others.
- **Collaborative Mindset:** Comfortable working in a team environment and respectful of diverse perspectives and lived experiences.
- **Commitment to Equity and Inclusion:** Passionate about creating accessible, inclusive, and patient-centered health care services.
- **Respect for Confidentiality:** Willing to maintain the privacy of all personal stories, sensitive information, and discussions shared during committee meetings.
- **Interest in Health and Wellness:** Motivated to improve the wellbeing of the campus community.

Why Join?

- Make a real impact on campus health and wellness services
- Build leadership and advocacy skills
- Earn a Certificate of Completion for full participation
- Enhance your resume with meaningful volunteer experience
- Enjoy snacks and refreshments at every meeting

Commitment

- Attend 4–5 meetings per academic year (90 minutes each)
- 1-year volunteer term
- Maximum of 1 meeting absence per year
- Meetings may be held in-person or virtually

Benefits of Participation

- Be a founding member of a new campus initiative
- Make a meaningful impact on campus health and wellness services
- Develop leadership, advocacy, and communication skills
- Receive a Certificate of Completion for full participation
- Enhance your resume with valuable volunteer experience in a health setting
- Enjoy snacks and refreshments at each meeting

How to Apply

If you're ready to make a difference and help shape the future of student care at UPEI, we encourage you to [apply online](#). For more information, please contact hwconnect@upei.ca.

Deadline for applications is October 20.

