

## Curriculum Pathways

### Atlantic Summer Institute on Healthy and Safe Communities (ASI)

The Atlantic Summer Institute is a curriculum based learning institute. Curriculum is defined as a pathway for learning designed to meet stated outcomes through activities and materials. The ASI Curriculum is a learning pathway to create healthier and safer communities.

*How does this benefit me?* The ASI is a program of progressive learning, which means that you will learn more each year that you attend. You can also share ideas and learn from others how to promote healthy and safe communities. The ASI provides a Certificate of Participation for completion of the Pathways. This may serve as a continuing education credit in some work settings.

The ASI offers three Curriculum Pathways:

1. **Foundations:** Preparing to work together across sectors and cultures
2. **Application:** Advancing learning in a case study approach to planning
3. **Specialization:** Strengthening community action on health and safety

Each pathway is a series of four comprehensive and interactive workshops. **Please note:** The Foundations Pathway is a pre-requisite for the other two pathways.

*This year, there is a one-day pre-Institute workshop for the Foundations Pathway, being offered August 17. Please see main registration and click on the pre-Institute link for more details.*

#### **Foundations: Preparing to work together across sectors and cultures**

The Foundations Pathway explores frameworks and models for healthy and safe communities. Economic factors, physical and social environments, education, literacy and early childhood development are considered. Research, policy and practice are used to better understand concepts and strategies, to encourage partnering on complex issues and to promote inclusion and diversity. The Circle of Health© and Aboriginal Medicine Wheel are used to guide discussion and discovery.

The four (4) workshops included in this pathway are:

- a) Safe and healthy communities in a complex society
- b) Using frameworks and models
- c) Working with others – collaboration
- d) Putting it all together

The Foundations Pathway is for those who are new to the ASI, and those who want to gain skills in partnering on complex issues and valuing diversity.

**Application: Advancing learning in a case study approach to planning**

The Application Pathway allows participants to increase their skills and put theory into practice. A case study, based on the annual theme - Innovation and Collaboration: Building Resilient Communities (2010) - provides the context for the learning activities. Participants work in small groups, use a team planning approach to address issues identified in the case study, and develop skills and knowledge of resources they can use when they return to their communities.

Participants will work together in small groups, using the Circle of Health to learn to:

- a) Establish a team
- b) Define a vision
- c) Plan for change
- d) Develop and implement a work plan

The Application Pathway is for those who have completed the Foundations Pathway and want to increase their experience, tools and contacts for community planning.

**Specialization 2009: Strengthening community action on health and safety**

The Specialization Pathway provides opportunities for participants to advance their knowledge on assessing community strengths, community engagement and mobilization, developing community capacity, and strengthening skills for collaboration – all critical factors in creating and maintaining healthy, safe and resilient communities.

Each year, The Specialization Pathway focuses on a given area of study, such as leadership (2007) and evidence (2008). This year, the focus will focus on community action to build resilient communities, including:

- a) Assessing community strengths
- b) Community engagement and mobilization
- c) Community capacity building
- d) Strategies for community action

The Specialization Pathway is for those who have completed the Foundation Pathway, are involved in community planning and partnering between sectors, and want to learn more about community development and mobilization.