

## Circle of Health©

*PEI Health Promotion Framework Province of Prince Edward Island 1996.*

The Circle of Health has been used as the comprehensive and effective planning framework for the Summer Institute since the Institute's inception. As well, it is integral to the new curriculum.

The Circle of Health© (1996), is both a dynamic framework for health promotion and a tangible tool. Constructed using the theoretical frameworks of the determinants of health, Ottawa Charter, and the First Nations Medicine Wheel, the Circle of Health© has a wide range of applications. This tool is relevant to community, health, justice, education, planning, economic, business and environmental issues which intersect with and influence individual and community well-being. It stimulates the user to search for good information, best practices and creative solutions. Developed in Prince Edward Island, Canada, the Circle of Health© continues to gain popularity nationally and internationally.



### Examples of its use

- Eastern Health (NL) Health Promotion Program Planning
- Maritime School of Social Work (NS), Framework for teaching Aboriginal Social Work
- School of Nursing, U de Moncton (NB) Community Nursing
- Family Violence Prevention (PEI)

### Testimonials

- “The Circle of Health© is an amazing tool for taking the complex concepts of health promotion, determinants of health, and population health and demonstrate how they are interwoven. As a policy maker, I find it extremely difficult to articulate these complex concepts to others, but the Circle of Health© serves as a tool for doing this. It drives the concepts of health promotion home and is of huge value for moving people to taking a different and more effective approach to improving health.”  
**(Julian Young, Nova Scotia Health Promotion and Protection, NS, 2007)**
- “It has marvelous potential to bring everyone into the process, giving them a snapshot of the big picture and the contribution that each of us can make toward the overall goal of a truly healthy community future.” **(Judith Holton, Virtual Conference, 1998)**

### Published Articles

Mitchell, T., & Beattie-Huggan, P. (2006). Determinants of health approaches: The circle of health as a synthesis tool. *International Journal of Health Promotion and Education*, 44 (2), 78-82.

### Support

[www.thequaich.pe.ca](http://www.thequaich.pe.ca)

### To order:

The Circle of Health Kit consists of a Circle of Health interactive tool, Learning Guide and Background Document. It sells at \$25.00 per kit through The Quaich 25 Bolger Drive, Charlottetown, Prince Edward Island, C1A 7T2, Tel 902 894 3399, Fax 902 626 3221, e-mail [info@thequaich.pe.ca](mailto:info@thequaich.pe.ca), [www.thequaich.pe.ca](http://www.thequaich.pe.ca).