

Antigonish Seniors' Safety Program

Empowering Seniors to Live Safe,
Healthy and Independent Lives in Their
Own Homes as Long as Possible

Atlantic Summer Institute 2008
University of PEI

Program History

The Antigonish Regional Seniors' Safety Program was first introduced to the Town & County in 2001. The program was re-launched in June 2003 and now bears the name Antigonish Town & County Seniors' Safety Program, a title chosen by community seniors.

It was developed and is maintained under the guidance and direction of the Antigonish RCMP and Antigonish Town & County Crime Prevention Association.

Our program is part of a provincial network but we each have the distinction of tailoring our local programs to meet the needs of seniors within our own communities.





A Seniors' Advisory Committee and feedback from our local seniors guide development of local senior projects and initiatives

Multi-functional

As our senior population continues to grow and the needs and concerns increase, the demand for the program increases as well.



A service that is multi-functional is needed more than ever.

The Safety Coordinator is a resource and contact person for all seniors and their families.



We recognize that we have a diverse senior population with different needs.

“The number of Nova Scotians turning 65 years of age is growing at a rate of about 700 per month”

- NS Department of Seniors

Health Literacy and Older Nova Scotians

80% of Nova Scotia seniors are working with the lowest levels of literacy. According to the 2003 International Adult Literacy and Skills (IALSS), approximately 80% of Nova Scotia seniors fall into the lowest two reading levels.

Less literate seniors have more difficulty maintaining their own health, safety, independence and self-esteem and are less able to care for others.

Effective Communication

The majority of information provided to seniors on health, safety and available programs & services both locally and provincially is usually by means of written format.

If a senior calls a number for more information, they are often greeted by an automated system.

Accessing information in today's society is not always senior friendly. The proactive approach and personal contact has made our service very welcoming and easily accessible to all seniors.

Community Building

We are cognizant of the learning barriers facing some of our seniors and the human contact of the coordinator helps to remove such barriers.



The Safety Program strives to meet the needs of all seniors and we welcome the feedback from participants, program partners and sponsors to ensure a high quality service is maintained.

Programs and activities at a glance ...

Keeping Prescription Drugs Safe

We would like to acknowledge and extend our sincere appreciation to our funding partners:

- Government of Canada - National Crime Prevention Strategy
- Government of Ontario - Government of Ontario
- Antigonish Township - County Crime Prevention Association

Thank you to our in-kind contributors for their support:

- Antigonish Digital Society
- Pharmacia
- Proton
- Antigonish Community An Antigonish Project For Seniors
- KEEPING PRESCRIPTION DRUGS SAFE
- Abraham Safety

EMPOWERING SENIORS - Kingston, Queen & Frontenac Seniors Safety Program

WINTER AID

Health
Lift
Winter
Power
Outages

Storm Solution for Senior Safety in Antigonish County

Emergency Service
Snowstorm Assistance
Communication link

People Helping People

For more information contact:
Antigonish RCMP
863-6500




Antigonish Town & County Crime Prevention Association
presents

**Economic Crime Summit
for Seniors and Small Business**

October 26, 2006
Keating Millennium Centre

Full-day all-inclusive event
\$10 registration per person
(Pre-register by phone before Mon., Oct. 23 at 863-6500)

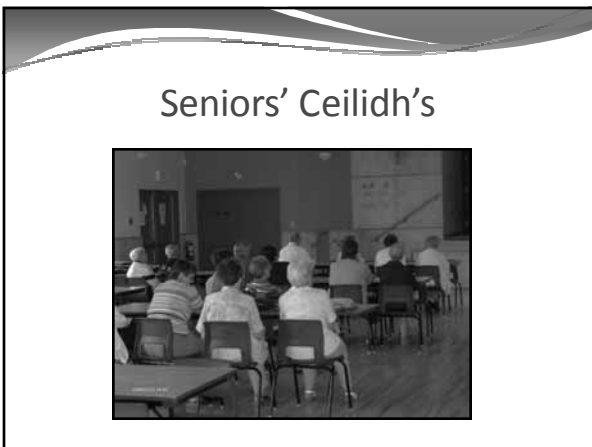
 Welcoming Seniors, family members as well as Small Business owners and employees from Antigonish and Guysborough counties

For more information
contact Kimberly Timmons at 863-6500


















Antigonish Town & County Seniors' Safety Program presents

'Operation Boomers'

Enhancing the safe mobility of senior drivers in Antigonish



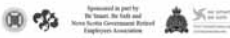
August 13-14, 2007
9 am - 4 pm
Club 60 Building, Main St.

NSGREIA Safe Driving Program for Older Drivers
For Seniors By Seniors

Update and refresh course - classroom sessions and hands-on guidance with qualified driving instructors. The course is free to qualified participants. Pre-registration required by August 6.

For more information and/or to pre-register call Seniors' Safety Coordinator Kimberly Timmons at 863-6500

Sponsored in part by:
The Town, the Falls and
New South Development Branch
Employment Association











Musical Ride Visits







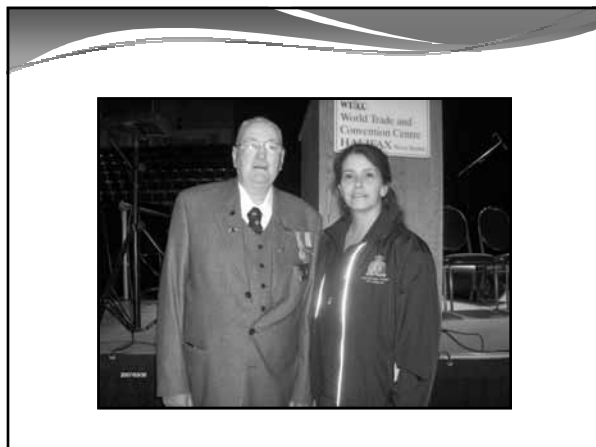




Remarkable Senior Awards







Centenary Awards



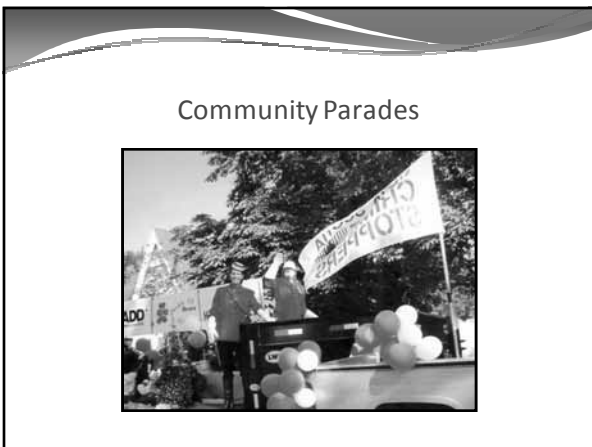


Senior & Youth Educational Forum














Population aging is recognized in all sectors of our society and there will be a significant impact on our social programs.



To meet the needs of our aging population and the anticipated demand for increased service, we will continue to develop high caliber programming and ensure quality delivery.

Best Practices

We continue to seek guidance from the voices of our seniors so we may strive for excellence when developing and implementing new programs and initiatives to further improve and enhance their safety, security, independence and well-being.



Thank You!
