Professional, rewarding, and challenging.

Nursing

Overview

Since 1992, The Faculty of Nursing at the University of Prince Edward island has fostered an interactive academic environment that prepares nursing students to become critically reflective practitioners, advocates, educators, and professional leaders grounded in the principles of primary health care.

The curriculum of the Faculty of Nursing is based on the concepts and principles of Primary Health Care. Primary Health Care is defined by the World Health Organization (1978) as "essential health care made universally accessible to individuals and families in the community by means acceptable to them, through their full participation and at a cost that the community and country can afford." The purpose of the program is to prepare nurses to practice according to the concepts and principles of Primary Health Care.

In keeping with the basis of Primary Health Care, nurses collaborate with clients, other health care providers, and people from other sectors of society in promoting health. Nursing roles range from direct caregiver to formulator of healthy public policy and include advocate, leader, educator, researcher, and program developer.
Degree Requirements

The following regulations govern students’ progression through the program:

PROFESSIONAL CONDUCT
1. a) Nursing students are expected to be safe, ethical practitioners in all nursing practice situations. Student performance must be in accordance with the legal, ethical, moral and professional standards identified in the profession’s Code of Ethics (CNA, 2008), the Standards for Nursing Practice (ARNPEI, 2011), and the UPEI Faculty of Nursing clinical course objectives. Nursing students are also expected to behave in a professionally appropriate manner, regardless of the setting.

b) The Dean may prohibit a student from attending a clinical placement or dismiss a student from the nursing program if there is reasonable evidence that the student’s professional behaviour, level of clinical competency, or physical or psychological health might be detrimental to clients.

CLINICAL/LABORATORY PERFORMANCE
2. Although clinical/laboratory components of nursing courses may be evaluated by a pass-fail system, students must pass the clinical/laboratory component for successful completion of the course.

3. Attendance at all activities related to clinical/laboratory components of nursing courses is mandatory. Students who are repeatedly absent from clinical/laboratory sessions without just cause will be removed from the course by the Dean and assigned a grade of “F”.

4. Students must successfully complete designated nursing courses that have a clinical component in each semester before progressing to subsequent nursing courses with a clinical component in a subsequent semester.

5. Students who are absent from nursing courses that have a clinical component for more than twelve months must reapply to UPEI through the Office of the Registrar. If readmitted, they will be permitted to register for subsequent nursing courses with a clinical component, only with the permission of the Dean. The Dean may require the student to complete preparatory remedial work before granting this permission to register.

ACADEMIC PERFORMANCE
6. A student may withdraw voluntarily from the clinical component of a course only once during the program. Special consideration may be given for a student with extenuating circumstances.

7. The minimal grade for successful completion of any course with a Nursing acronym is 60%. Supplementals will not be permitted in these courses.

8. The minimal grade for successful completion of all non-nursing courses is 50%.

9. Students must obtain an overall average of at least 60% in all courses successfully completed in each academic year.

10. Students may not take any required course specifically identified under the heading “Bachelor of Science in Nursing Program” more than twice.

11. Students who fail two nursing courses (courses with a nursing number) will be dismissed from the program.

12. Any student who has completed a lab or class on medication or intravenous therapy must write a Mathematics Competency Test, and achieve a grade of 85%. Calculators are not permitted during the
test. Detailed information on this policy can be obtained in the Faculty of Nursing Handbook located on the School of Nursing website.

STUDENT DISMISSALS
13. Students who have been dismissed from the nursing program as a result of a clinical failure are not eligible for readmission to the program. Students dismissed for reasons other than clinical failures are eligible to apply to the program after eight months following the date of dismissal. Reapplication must be made to the Registrar’s Office. Readmission is not automatic and the Dean may require students who are readmitted to complete preparatory remedial work before returning to the program.

TIME LIMIT
14. Except with special permission of the Dean, students must complete their BScN degree within seven calendar years from the date of their first registration in the program. Except with special permission from the Dean, registration in nursing courses which have a clinical/laboratory component is restricted to students registered in the Faculty of Nursing.

Course Structure

Year 1

- BIO 1060 (formerly VPM 101) - Introductory Microbiology for Health Sciences
- BIO 1210 – Human Anatomy and Physiology I
- BIO 1220 – Human Anatomy and Physiology II
- NURS 1010 – Foundations of Nursing I
- NURS 1020 – Foundations of Nursing II
- FN 1020 – Nutrition for Nursing Practice
- PSY 1010 – Introduction to Psychology I
- PSY 1020 – Introduction to Psychology II
- Electives (see notes)

Year 2

- Either PSY 2010 – Developmental Psychology OR
- FS 2410 – Human Development
- NURS 2120 (formerly VBS 212) – Pathophysiology for Nursing Students
- NURS 2030 – Health Assessment
- NURS 2130 – Nursing of Young Families
- NURS 2230 – Adult Nursing Transitions in Health
- NURS 2320 – Introductory Pharmacology
- Electives (see notes)

Year 3

- NURS 3030 – Issues in Nursing and Health Care
- NURS 3040 – Nursing Research Methods
- NURS 3050 – Health Teaching
- NURS 3060 – Nursing of the Childbearing Family
- NURS 3130 – Developing Partnerships with Clients in the Community
- NURS 3230 – Partnerships with Clients and Families Living with Chronic Illness
- Electives (see notes)
Spring Session

- NURS 3100 - Integrated Clinical Experience I

Year 4

- NURS 4010 - Nursing and Population Health
- NURS 4020 - Integrated Clinical Experience II
- NURS 4030 - Nursing Leadership and Primary Health Care
- NURS 4040 - Conceptual Models and Nursing Theories
- 1 Elective (see note)

**Note:**

Within their electives, students will be required to complete the following semester hours of credit:

1. a) One of UPEI 1010, UPEI 1020, or UPEI 1030 and one writing intensive course; b) 3 semester hours in statistics

2. Students will then be free to choose their remaining 9 semester hours of electives keeping in mind that no more than forty-eight (48) semester hours of credit may be taken at the introductory level in the degree program.

3. For course descriptions of BIO 1060, BIO 1210 and BIO 1220, see Biology [1]

4. For course descriptions of PSY 1010, PSY 1020 and PSY 2010, see Psychology [2]

5. For course description FN 1020, see Applied Human Sciences [3]

6. For course description VBS 2120, see Veterinary Medicine [4]

**Faculty**

Consult the full faculty list on the UPEI Faculty of Nursing website [5].

**Award-winning Faculty:** 5

**Careers:** Registered Nurse
Hospital Administrator
Nurse Practitioner
Long-Term Care Provider
Pediatric Nurse

**Example Courses:** NURS 101 - Nature of Nursing
NURS 245 - Health Assessment
NURS 310 - Integrated Clinical Experience
NURS 401 - Nursing & Population Health
Course Level: 100 Level

Courses:

101 FOUNDATIONS OF NURSING I
This course is an introduction to the discipline of nursing. Students are introduced to the philosophy of primary health care and the framework for nursing at UPEI. Clinical experiences occur in community settings with well elderly clients. Students learn beginning skills in communication, assessment and psychomotor techniques through active involvement in classroom discussions, labs, tutorials and clinical practice.
PREREQUISITE(S): For Accelerated Nursing Students - Admission to the Accelerated Program
Semester hours of credit: 3
Hours per week: Lecture: 3 Lab: 2 Other - Clinical Practice: 30 hours total (includes weekly tutorial)

102 FOUNDATIONS OF NURSING II
Students are introduced to the theoretical concept of caring for clients within a primary health care context. Using primary health care as a framework, nursing concepts are explored and strategies for nursing care considered. Students begin to develop a conceptual framework to guide their nursing practice while working with clients in long term care settings.
PREREQUISITE(S): Four Year Program - Nursing 101, Biology 121; Accelerated Nursing Students - Admission to Accelerated Program and Nursing 101
Semester hours of credit: 6
Hours per week: Lecture: 3 Lab: 2 Other - Clinical Practice: 55 hours total

103 FUNDAMENTALS OF NURSING PRACTICE
Nursing 103 examines fundamental principles and skills for nursing practice. Students are introduced to Primary Health Care and to the Prince Edward Island Conceptual Model of Nursing: A Nursing Perspective of Primary Health Care. Through this theoretical framework, nursing concepts are explored and strategies for nursing care considered. Students are introduced to beginning communication, assessment, and psychomotor skills through active participation in online and onsite lectures, lab and clinical seminar settings. Students have an opportunity to apply theoretical knowledge to clinical practice by partnering with healthy older adults living independently in the community and in long term care settings.
PREREQUISITE(S): Admission to the Accelerated Program and completion of non-nursing required courses
Semester hours of credit: 9
Hours per week: Lecture: 3 Lab: 2 Other - Clinical Practice: 86 hours total

Course Level: 200 Level

Courses:

203 HEALTH ASSESSMENT
This course provides the student with knowledge and skills for holistic assessment of individuals. Students learn data collection techniques (interviewing skills, critical thinking skills, and the physical examination techniques of inspection, palpation, percussion, and auscultation). The focus is on the well individual.
PREREQUISITE(S): Nursing 102, Biology 121 and Biology 122
Semester hours of credit: 3
Hours per week: Lecture: 3 Lab: 3

212 (formerly VBS 212) PATHOPHYSIOLOGY FOR NURSING STUDENTS
This course is an overview of pathophysiological mechanisms of disease states. Concepts and processes of abnormal physiology in various body systems are presented using selected diseases as illustrations. Unique features of child and adult responses are presented.
PREREQUISITE: Biology 122, Nursing 203 and Nursing 213
Semester hours of credit: 3
Hours per week: Three hours of lecture and three hours of laboratory per week

213 NURSING OF YOUNG FAMILIES
The focus of this course is on caring for healthy children and families in a variety of settings. Students are introduced to the concepts of family-centred care and empowerment and examine structure, function, and tasks of families at various stages of their development. Determinants of health are used as the framework for exploring factors which influence the health of children and families. Common childhood illnesses are also discussed.
PREREQUISITES: (Four Year Program - Nursing 102, Biology 121, Biology 122, Biology 106 and Psychology 201 can be taken concurrently); (Accelerated Program - Admission to Accelerated Program, Nursing 103)
Semester hours of credit: 6
Hours per week: Lecture: 3 Lab/Seminar: 3 Other – Clinical Practice: 120 hours total

223 ADULT NURSING: TRANSITIONS IN HEALTH
In this course, the student focuses on the experience of illness and the impact of illness, both acute and chronic, on the hospitalized client. The primary focus is the individual client; however, the individual is considered within the context of the family. Each student has clinical rotations working with adults in a hospital setting who are experiencing an acute episode of illness or an exacerbation of a chronic illness. Students learn to apply the principles of primary health care to nursing practice in the acute care setting.
PREREQUISITES: Four Year Program – Nursing 203, Nursing 213; Accelerated Program – Nursing 213, 245, and admission to the Accelerated Program
Semester hours of credit: 6
Hours per week: Lecture: 3 Lab/Seminar: 3 Other – Clinical Practice: 168 hours total

232 INTRODUCTORY PHARMACOLOGY
This course is an introduction to the discipline of pharmacology and the response of the human body to pharmacological agents used to manage disease and promote wellness. The principal objective is to provide an introduction to the pharmacokinetics and pharmacodynamics of each major class of drugs used in nursing practise. As well, clinical case studies are included so the student gains knowledge of nursing assessments of drug efficacy, side effects and drug interactions, special considerations for geriatric and pediatric patients, drugs used in public health, emergencies and over-the-counter medications, and non-pharmacological ways to manage or prevent disease.
PREREQUISITES: Biology 122, Nursing 203, and 213. Exceptions are made with permission of the Dean
Semester hours of credit: 3
Hours per week: Lecture 3; Tutorial 1

242W HEALTH ASSESSMENT FOR PRACTICING NURSES (Web-based course)
Health Assessment is a three credit, 13-week course which emphasizes the knowledge and skills required for comprehensive health assessment. Specifically, the content focuses on helping learners’ develop health history interviewing skills, physical examination techniques, and nutritional assessment techniques for clinical practice and to identify the wide range of “normal” health states for adults. Emphasis will be placed on analyzing assessment findings to identify health concerns as a basis for planning care.
PREREQUISITE: Available for any practising nurse

245X HEALTH ASSESSMENT
This course provides the student with knowledge and skills for holistic assessment of individuals. Students learn data collection techniques (interviewing skills, critical thinking skills, and the physical examination techniques of inspection, palpation, percussion, and auscultation). The focus is on the well individual.
PREREQUISITE: Four-Year Program - Biology 121 and Biology 122. Accelerated Program - Admission to the Accelerated Program
Semester hours of credit: 3
291 SPECIAL TOPICS
Creation of course code for special topics offered by Nursing at the 200 level.

**Course Level:** 300 Level

**Courses:**

**303 ISSUES IN NURSING AND HEALTH CARE**
In this course students examine ethical, legal, political, and economic issues in a changing health care system and issues related to the profession and to patient care. Students apply principles of organizational theory and ethical decision making models in analyzing issues in nursing and health care. This course offers a study of the professional practice of nursing and the values upon which to analyze current issues in Canadian nursing. Strategies for resolving issues in nursing will be emphasized.
PREREQUISITE: Permission of the instructor if not currently enrolled in the third year of the program.
Semester hours of credit: 3
Hours per week: Lecture: 3

**304 NURSING RESEARCH METHODS**
This course is an introduction to quantitative and qualitative nursing research. It provides students with a solid foundation for the continued study of research and nursing scholarship. Students will develop an understanding of and appreciation for all phases of the research process, with an emphasis on the novice professional’s role as an informed consumer of research. Students will develop skills in critiquing published studies and in making judgements about the usefulness of research for nursing practice.
PREREQUISITE: A course in statistics and permission of the instructor if not currently enrolled in the third year of the program.
Semester hours of credit: 3
Hours per week: Lecture: 3

**305 HEALTH TEACHING**
In this course, students are introduced to theories and principles of teaching and learning within a primary health care context. The course focuses on the nurse’s role as health educator and change agent in promoting healthier lifestyles and enhancing wellness through the use of an empowering approach. Students have an opportunity to apply theory and to develop teaching skills through participation in a variety of community-based teaching activities throughout the semester.
PREREQUISITE: Nursing 101 and permission of instructor if not currently enrolled in the third year of the program.
Semester hours of credit: 3
Hours per week: Lecture/Teaching practice: 3

**306 NURSING OF THE CHILDBEARING FAMILY**
This course focuses on theories, issues, and trends related to the care of the childbearing family. Pregnancy, childbirth, and postpartum are viewed as normal life processes with family members as partners in care. The roles of the nurse are considered in relation to family-centred care and primary health care with an emphasis on the determinants of health and premature, preventive, and curative services. Students apply theory from this course to their clinical practice in Nursing 313 and Nursing 310.
PREREQUISITE: Bachelor of Science in Nursing Program - Nursing 323; Accelerated Bachelor of Science in Nursing Program—Nursing 323 and admission to the Accelerated Program
Semester hour of credit: 3  Lecture: 3;
Hours per week: 1.5 hours tutorial/seminar, Clinical Practice: 184 hours in total between Nursing 313 and 306

**307 GLOBAL HEALTH IN A CHANGING WORLD**
This course explores multiple aspects of global health and examines how factors such as
internationalization, mobility and cultural diversity shape local, national and international communities. Throughout the course, students will gain an understanding of, and appreciation for, social, economic and political factors that are influencing global health. As students from multiple disciplines learn together, a deeper understanding of global health and how it relates to them within a local, national and international context will emerge.

Semester hours of credit: 3

310 INTEGRATED CLINICAL EXPERIENCE I
This course provides a consolidated clinical experience in which students can integrate theory and practice on a daily basis. Clinical experiences prepare students for the final year of study. Placements are arranged in a variety of settings with clients across the life span. This course is graded Pass/Fail.
PREREQUISITE(S): Nursing 306, 313, 323
Semester hours of credit: 6
Hours per week: Other - Clinical Practice: 288 hours in total

313 DEVELOPING PARTNERSHIPS WITH CLIENTS IN THE COMMUNITY
This course focuses on promoting and maintaining health and providing support and assistance to individuals, families, and groups in the home and community. Students work in situations of increasing complexity, assessing health, providing and evaluating interventions, and building partnerships and supportive relationships. Students become more aware of community agencies and resources and begin to participate actively in the referral process. The course involves extensive travel throughout the province.
PREREQUISITE: Nursing 323
Semester hours of credit: 6
Hours per week: Lecture: 3 Other - Clinical Practice: 184 hours total between N313 and N306

323 PARTNERSHIPS WITH CLIENTS AND FAMILIES LIVING WITH CHRONIC ILLNESS
This course encourages students to develop partnerships with clients and families to enhance the quality of life of those experiencing increasingly complex chronic illnesses. The principles of primary health care pertaining to accessibility, intersectoral collaboration and public participation for clients and their families with chronic illness will be examined in depth. Application of these principles to the population of adults experiencing increasingly complex illnesses in acute medical/surgical and mental health settings will be emphasized.
PREREQUISITE: Nursing 223, Nursing 232, and VBS 212
Semester hours of credit: 6
Hours per week: Lecture /Seminar:3 Lab: 2 Other - Clinical Practice: 192 hours in total

324 MENTAL HEALTH NURSING OF OLDER PEOPLE
This specialty course focuses on theories, issues, and trends related to the care of older persons who have, or who are at risk of developing, mental health needs. Emphasis is on a person-centered holistic approach to care, which focuses on older persons within the context of their lives, experiences, and relationships. The roles of the nurse as advocate, care provider, and educator are considered in relation to the services of primary health care. Concepts such as collaboration, prevention, promotion of mental health, as well as the treatment, care, and rehabilitation of mental health disorders in later life are reviewed.
PREREQUISITE: Available for any practising nurse or nursing student
Semester hours of credit: 3

342W CULTURE IN NURSING (web-based course)
This course focuses on multi-cultural awareness and recognition of specific health care beliefs and values, exploring the role of the nurse within each country’s health care system, and participating in a cultural immersion experience. Opportunities are provided to allow students to achieve a better understanding of cultural similarities and differences in a selected setting.
PREREQUISITE: Available for any practising nurse or nursing student
391 SPECIAL TOPICS
Creation of a course code for special topics offered by Nursing at the 300 level.

**Course Level:** 400 Level

**Courses:**

**401 NURSING AND POPULATION HEALTH**
This course provides theoretical and clinical opportunities to examine and apply concepts and skills related to population health. Emphasis is placed on the determinants of health, populations at risk for both physical and psychosocial disruptions in health, strategies to promote the health of populations and the role of the nurse in an interdisciplinary and intersectoral approach to health promotion. A unit on epidemiology is included. Students work with community members in the development of a program to promote the health of the community. Students are assigned to work with a preceptor and gain experience in one or two of a wide variety of settings in rural and urban communities.

PREREQUISITE: Nursing 310
Semester hours of credit: 9
Hours per week: Lecture: 3 Tutorial: 1.5 Other - Clinical Practice: 290 hours in total

**402 INTEGRATED CLINICAL EXPERIENCE II**
This course provides a final opportunity for students to synthesize their knowledge, skills, and professional values in a selected nursing practice setting. Emphasis is on the complexity of comprehensive nursing care and the significance of health promotion measures. Students select an area of focus in consultation with a faculty member and a clinical preceptor. Placement is dependent on the availability of appropriate clinical experience. Students work with selected clients (individuals, families, and/or aggregates) to enhance their current level of health and maximize their active participation within various facets of health care.

PREREQUISITE: Nursing 401
PREREQUISITE for Accelerated Program: Nursing 310 and admission to the Accelerated Program
Semester hours of credit: 6
Hours per week: Four Year Program - Lecture/Seminar: 2 Other: Clinical Practice: 320 hours in total; Accelerated Program - Lecture/Seminar: 2 Other - Clinical Practice: 329 hours in total.

**403 NURSING LEADERSHIP AND PRIMARY HEALTH CARE**
This course extends the student’s ability to examine theoretical and practice concepts in nursing leadership/management and primary health care. Students discuss concepts in health care organization(s) and management and the implications of those concepts when analyzing leadership styles in a clinical setting. Students explore leadership roles assumed by nurses and examine challenges confronting nursing leaders in an era of change. Emphasis is placed on strategies to enhance nursing influence on the evolving Canadian health care system. Models of partnership, decision making, collaboration and communication and the importance of team work are stressed.

PREREQUISITE: Nursing 310 or permission of the instructor if not currently enrolled in the fourth year of the program. Semester hours of credit: 3
Hours per week: Lecture: 3

**404 CONCEPTUAL MODELS AND NURSING THEORIES**
In this course, students are introduced to the works of selected nurse theorists. Students develop skills in critical analysis and application of conceptual models and theories to practice.

PREREQUISITE: Nursing 310
Semester hours of credit: 3
Hours per week: 3
Lecture: 3

**405 LEADERSHIP FOR HEALTH PROFESSIONALS IN A PRIMARY HEALTH CARE CONTEXT**
This web-based course will include blended learning techniques that examine theoretical and practice
concepts in health care leadership/management within the context of Primary Health Care. Students will critically analyze concepts in health care organization(s) and management and the implications of those concepts using a variety of leadership styles in a clinical setting. Students explore leadership roles assumed by health care professionals and examine challenges confronting these leaders. Emphasis is placed on strategic methods that enhance leadership to influence the evolving Canadian health care system. Models of partnership, decision making, collaboration and communication and the importance of teamwork are stressed.

PREREQUISITE: Accelerated Program - Admission to the Accelerated Program
Semester hours of credit: 3
Hours per week: Lecture 3

Source URL: http://www.upei.ca/programsandcourses/nursing

Links: