



**UPEI PANTHERS**  
550 University Avenue  
Charlottetown, PE C1A 4P3



Welcome back to the UPEI Panthers this fall. I hope your summer has been filled with rest and relaxation; however it is time to start gearing up for the beginning of your athletic season. So, it's that time to get all the eligibility paperwork out of the way.

There are several items that are important to know before you start yet another journey at UPEI. They are highlighted in the following section; all forms **MUST** be completely filled out **PRIOR** to tryouts, practices, events. Incomplete forms will be returned to you, which will delay the process. Remember, this process **MUST** be complete before you will be allowed to participate.

**Medical Questionnaire/Assumption of Risk/Consent to Receive Medical Care:**

This form must be completed by all athletes returning to UPEI. **MUST** be completed (fully) prior to participating in tryouts, practices and/or events. Print off this form (link is on website), complete and sign. Mail completed form to Carol Hertz, UPEI Panther Sport (address above) OR Fax the completed form to 902-566-0700 OR bring completed form to the first day of tryouts.

**CIS Online Drug Seminar:**

To be completed online prior to participating in tryouts, practices and/or events (link is on website).

**UPEI Awards/Scholarships/Bursaries:**

All UPEI students may apply; see link on main page. Deadlines apply.

**Abbreviated Therapeutic Use Exemption Form:**

Athletes with documented medical conditions requiring the *Use of a Prohibited Substance or Prohibited method* must request a therapeutic use exemption using this form. This includes asthma medications, glucocorticosteroids, plus other substances and methods. This form **MUST** be completed, signed by a Doctor and submitted **YEARLY**. Please refer to website for prohibited substances. Mail completed form to Carol Hertz (address above) OR fax to 902-566-0700.

If there are any questions on any aspect of this letter, please contact your coach. Once again, welcome back to the UPEI Panthers.