



UPEI Wellness Wednesdays



Christmas Card Workshop for Free

Come out and learn how easy it is to make your own Christmas cards. Everyone will make and keep one card and your name will go into a draw for a door prize



November 18, 2009 -UPEI Sports Centre
Room 200- Sports Centre Boardroom
12:05 pm to 1:00 pm

Maximum 25 people -Book your spot with
Angela Marchbank - amarchbank@upei.ca

UPEI Wellness in partnership with The Great West Life, London Life and Canada Life

UPEI UNIVERSITY
of Prince Edward
ISLAND